

A Legacy of Service



MESSAGE FROM
GENERAL MANAGER AND CEO JERRY D. WILLIAMS

EVERY NOVEMBER, WE PAY HOMAGE TO THOSE WHO HAVE SERVED our country in the military. Though we honor their bravery and selflessness throughout the year, we especially do so on Veterans Day.

Rural Electric cooperatives hold our current and former service members in particularly high regard, sharing with them a legacy of service and commitment to fulfilling a mission. Nothing can match a veteran's personal sacrifice—lengthy stints spent away from loved ones and the potential physical and mental wounds inflicted by combat. We know the challenges we face in service to our membership at Lamar

Electric Cooperative pale in comparison to those endured by members of our armed forces, yet our goals are rooted in a similar sense of duty to our neighbors.

A commitment to the greater good serves as a bedrock tenet of the cooperative business model. One of our Cooperative Principles is a Concern for Community. We satisfy our main objective of providing reliable power safely at a fair price but our Mission is trying to improve the way of life for our rural members. One of the ways we do this is by supporting activities and organizations that benefit our rural community.

This month, as we reflect on the debt of gratitude we owe to our nation's veterans, take a



Lamar Electric General Manager Jerry D. Williams and veteran and Lamar Electric member Ron Cunningham put out flags for Veterans Day last year.

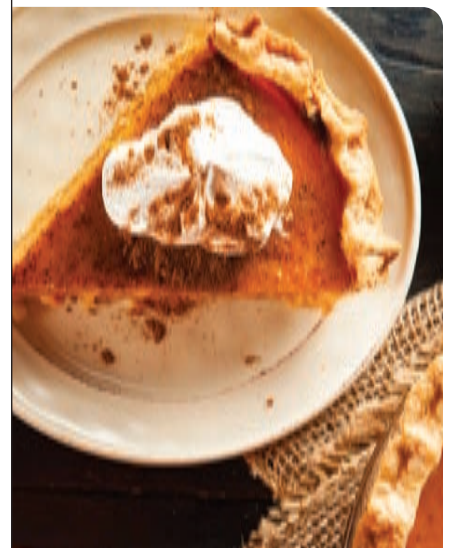
moment to consider how a legacy of service forms so much of what we do as a cooperative. Though we work to support and strengthen our community in less obvious ways, our motivation is the same: to band together in pursuit of a common goal and bolster the place we call home.



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Veterans Day November 11

We salute all veterans who have served to help preserve our freedom.



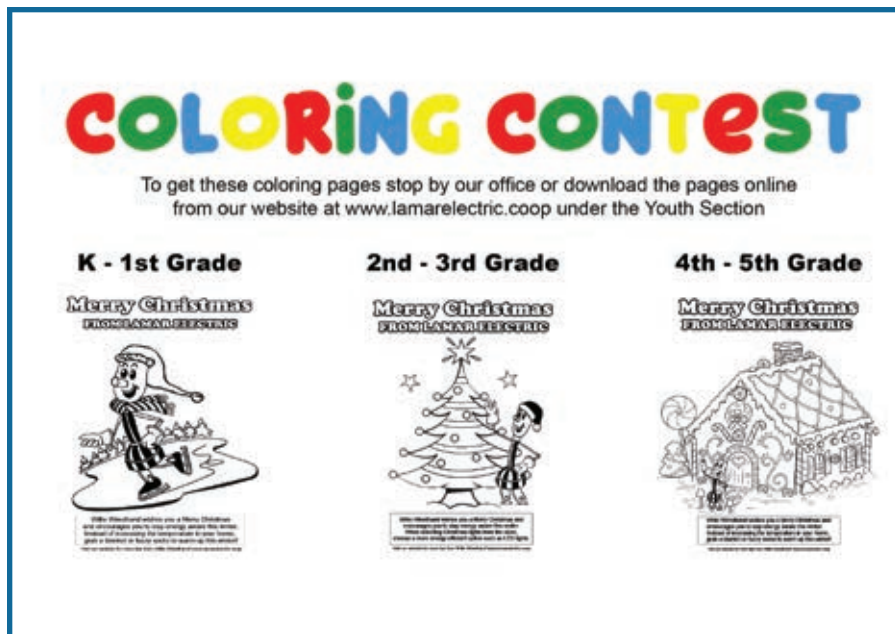
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Happy Thanksgiving

We wish you and yours a wonderful Thanksgiving. In observance of the holiday, our offices will be closed Thursday–Friday, November 22–23.



1485 N. Main St. • P.O. Box 580
Paris, TX 75461



Enter Lamar Electric's Christmas Coloring Contest

LAMAR ELECTRIC IS HOSTING OUR FIRST COLORING CONTEST! TEACHING YOUNG PEOPLE about conserving electricity is important to Lamar Electric since concern for our community is one of our top priorities. With the help of our mascot, Willie Wiredhand, these coloring pages include electricity conservation tips to help youngsters learn the importance of not wasting electricity.

This contest is for kindergarten through fifth-grade students and is broken up into three categories. Each category has prizes for first, second and third place. Parents may download the coloring pages from our website, www.lamarelectric.coop under the Youth section or stop by the Lamar Electric office at 1485 N. Main St. to pick up the pages.

Eligibility:

- ▶ Entrants must live full time in a home served by Lamar Electric.
- ▶ Entries must be submitted to the Lamar Electric office (1485 N. Main St. in Paris) by 4:30 p.m., December 14.
- ▶ Winners will be announced on our Facebook page and website by 5 p.m., December 19.

The three entry categories are kindergarten and first grade; second and third grades; and fourth and fifth grades.

Prizes for each category include Walmart gift cards of \$100 for first prize, \$50 for second prize and \$25 for third prize for winners to purchase a toy of their choice. All winners also will receive a box of LED Christmas lights.

GENERAL MANAGER AND CEO

Jerry D. Williams

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Member Benefits

- Level billing
- Automated meter reading
- Free bank draft service
- E-Bill
- Visa and Mastercard accepted

Your Local Pages

This section of *Texas Co-op Power* is produced by LEC each month to provide you with information about current events, safety, special programs and other activities of the cooperative. If you have any comments or suggestions, please contact the local office.

CONTACT US

CALL US

(903) 784-4303 local or
1-800-782-9010 toll-free

FIND US ON THE WEB

www.lamarelectric.coop

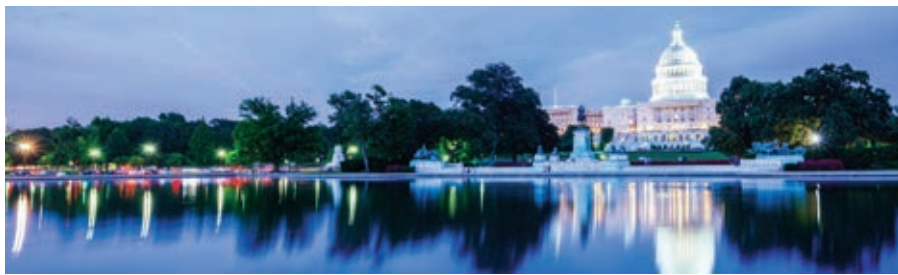


Government-in-Action Youth Tour

EACH YEAR, LAMAR ELECTRIC COOPERATIVE SELECTS TWO HIGH SCHOOL STUDENTS TO attend an all-expenses-paid tour of Washington, D.C., on the Government-in-Action Youth Tour, which includes visits to the U.S. Capitol and the opportunity to meet members of Congress.

Eligible students must be in 10th, 11th or 12th grade and live full time in a residence served by Lamar Electric or attend one of the four high schools served by the co-op: Prairieland, Roxton, Detroit and Faith Christian. Home-schooled students served by Lamar Electric are also eligible.

Applications must be completed with a three-page, typed essay. The essay prompt is, "Tell us about circumstances where you have demonstrated your leadership skills." The essay must be submitted to Lamar Electric no later than 5 p.m., February 8, 2019. Applications are available online at lamarelectric.coop. Submit by email to dtrip@lamarelectric.coop or in person at 1485 N. Main St. in Paris. It's that easy! Learn more about Youth Tour at lamarelectric.coop. Look for Government-in-Action Youth Tour 2019 after clicking on the Youth Programs tab.



CHARLIEAJA | ISTOCK.COM

Daylight Saving Time

Ends November 4 at 2 a.m.
Set your clocks back one hour.



WOOLZIAN | ISTOCK.COM

Power Tip

Spending more time in the kitchen during the holiday season? Here's one way to be more energy efficient: Unplug small kitchen appliances when not in use.

LAMAR ELECTRIC COOPERATIVE 2019 YOUTH TOUR APPLICATION

DEADLINE: FEBRUARY 8

NAME _____

PHONE NUMBER _____

EMAIL ADDRESS _____

PARENT(S)/GUARDIAN(S) NAME(S) _____

ADDRESS _____

NAME OF HIGH SCHOOL _____

LAMAR ELECTRIC ACCOUNT NO. _____

Applicants hereby acknowledge that the application essay becomes the property of Lamar Electric Cooperative and may be published.

SIGNATURE _____ DATE _____



RECIPE OF THE MONTH



RICHARD RUDISILL | ISTOCK.COM

Blue Green Bean Casserole

- 2 pounds fresh green beans, washed and snapped to 1-inch length
- ½ pound mushrooms, cleaned and sliced
- 6-7 slices bacon
- 3 tablespoons bacon grease
- 4 green onions
- 2½ tablespoons flour
- 1 pint heavy cream
- 4 ounces Gorgonzola or other blue cheese
- 4 ounces freshly grated Parmesan cheese
- 1 can (6 ounces) french-fried onions

1. Line the bottom of a 9-by-13-inch pan with green beans. Top with layer of sliced mushrooms.
2. In a large skillet, fry bacon until crisp. Drain, while reserving bacon grease, and return 3 tablespoons of drippings to the pan. Chop bacon and set aside. Chop green onions, including the white roots, and set aside.
3. Add flour to drippings in skillet and whisk over medium heat until flour browns. Whisk in cream and allow to just boil around edges of the pan. Add blue cheese, bacon and onions and allow cheese to melt, but not boil.
4. Pour cream mixture over green beans, then sprinkle first with Parmesan, then french-fried onions.
5. Cover with foil and bake 30 minutes at 400 degrees. Reduce heat to 350 degrees, remove foil and bake another 30 minutes.

Want To Save Energy? Use Less Hot Water

WATER HEATING IS THE SECOND-LARGEST ENERGY EXPENSE IN YOUR HOME, SO IF YOU use less hot water, you'll save energy.

Here are three ways to save hot water around your house.

Washing clothes. Your clothes don't really get any cleaner if you wash them in hot water instead of cold. In fact, the kind of laundry detergent you use is more important than water temperature in determining how clean your clothes get.

Ninety percent of the energy your washing machine uses goes to heating water. So you can save up to \$40 a year just by selecting the cold cycle instead of warm or hot.

Washing dishes. Your dishwasher needs to use hot water to dissolve the dishwasher detergent and to get grime off of your dishes. However, you can save hot water by placing your dirty plates, cups, glasses and silverware in the dishwasher right after use, without rinsing them first.

Most modern dishwashers do a good job of cleaning even dried-on gunk from dishes, so there's no need to waste hot water on washing them by hand before you load them into the machine.

Another way to save is by choosing a short cycle. The less time your dishwasher runs, the less hot water it will use.

Bathing. Low-flow showerheads save water—hot and cold. Replacing your old showerhead could save more than 40 percent of the water you use for bathing.

Paying attention to how much water you're wasting in the shower can save precious resources as well. If you turn on the water to let it get warm—but then brush your teeth and shave at the sink before hopping in the shower—you're letting gallons of heated water run down the drain unused. You're wasting water, too, when you leave the sink's faucet running while you brush your teeth or shave.

Find this and more delicious recipes online at
TEXASCOOPPOWER.COM